



SPORTME
MENTORING



The European SportMe Project has ended. Presentation of the methodological guidelines on sport mentoring processes.

After 2 years of collaboration, the SportMe project will come to an end by the end of 2022.

SPORTME FINAL CONFERENCES. On November 2022, the final conferences of the SportMe Project were held in each partner country (England, Portugal and Spain (Catalonia)). During the conferences, the final products of the project were presented, namely: 1) the methodological guidelines and 2) a video showcasing experiences of mentors and young people who participated in the project.

SPORTME PRODUCTS. You can find the methodological guidelines and the video on the SPORTME website <https://www.gentis.org/sportme-erasmus-project>.

SPORTME PILOTS. Through the pilot test carried out in each of the 3 participating countries it was possible to put in practice the methodological guidelines on how to implement the sport mentoring processes.

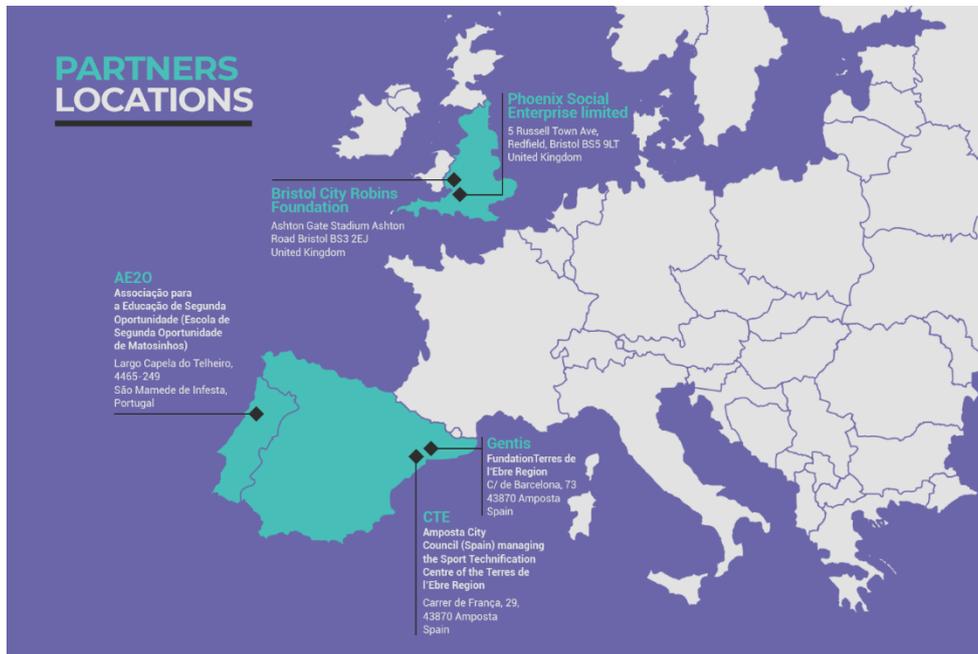
The pilot tests consisted in the implementation of mentoring itineraries to young people at risk of exclusion hand by hand with the support and training of sports clubs that provided volunteers to serve as mentors in the field of sports. Previously, these clubs and volunteers had received information and training that facilitated access to sport in the areas of interest of the mentored young people.

In Catalonia, 4 young people from the municipality of Amposta have received mentoring sessions by volunteers from different SPORT clubs in the city. The whole process was supervised by the technical team of Gentis Foundation and the Sports Technification Centre of Terres de l'Ebre, which depends of the Amposta City Council, partners of the project.

Mentoring sessions were also given to 4 young people from Matosinhos (Portugal) led by the partner A E2O and 4 young people from Bristol (UK) led by the English partners Bristol city Robins Foundation and Phoenix Social enterprise limited.



[Download the informative brochure of the project](#)



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