



**SPORTME**  
MENTORING



*We are committed to sport as a generator of social inclusion*

Fundación Gentis, through the Lo Pont Adult Education Centre, will participate in the next two years in the [European Commission's Erasmus+ SPORTME](#) project. This is a project involving 5 international partners from 3 different countries (Spain, Portugal and the United Kingdom) whose aim is to generate social inclusion through sport.

In addition to Gentis, there are social partners with experience in social inclusion as AE2O (Portugal) and Phoenix Social Enterprise Limited (UK). There are also regional sports partners such as the Robins Foundation (UK) as a member of Bristol City Football Club & Sport Technification Centre, and Amposta City Council.

The objectives of the programme are several. In addition to the inclusive approach to sport through mentoring and volunteering processes, it also aims to develop healthy habits, skills and knowledge of emotional management in young people aged 16-24 from disadvantaged backgrounds through sport.

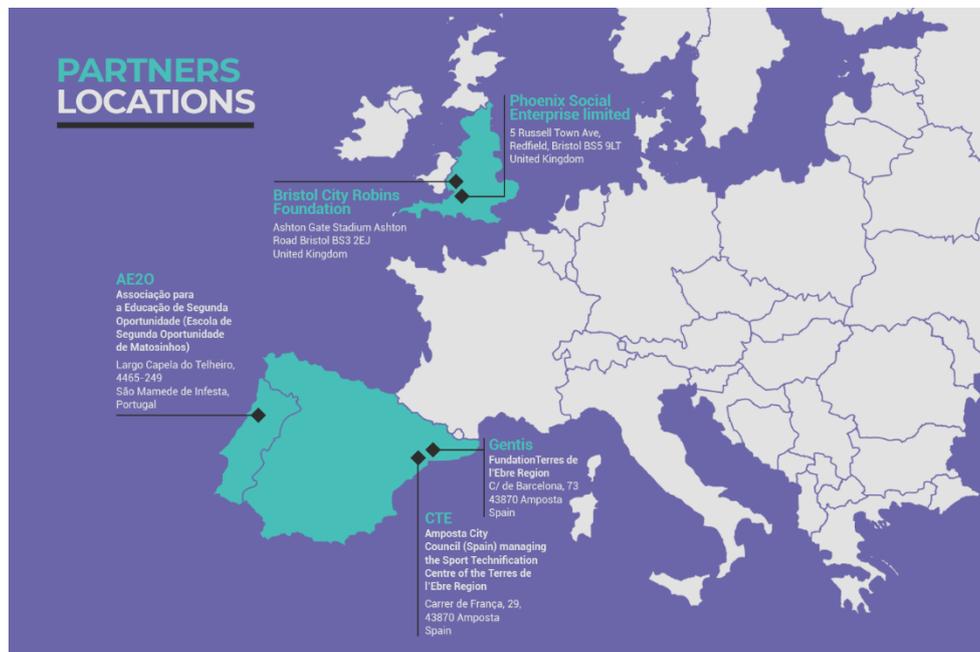
The actions focus on supporting sports clubs and organisations in the design of social cohesion and inclusive processes and establishing social

responsibilities in sports environments by creating a network of partners to develop strategies to ensure access to sport for all.

The implementation of the project will take place in several phases.

- The preparatory phase aims to extract and analyse the modus operandi, similarities and good practices that are being carried out in different countries in this field.
- The next phase aims to develop guidelines on social mentoring processes in the field of sport and how mentors and mentees can develop competences through sport to promote inclusion with the results achieved in the preparatory phase in mind.
- Training, the next phase, focuses on the realisation of a training capsule to be developed by the project partners and aimed at training people in the field of sport to become mentors.
- In the fourth phase, a pilot test will be carried out to assess whether the proposed processes are relevant for potential users.
- The last phase focuses on the development of short videos combining international experiences of social inclusion.

[Download the informative brochure of the project](#)





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